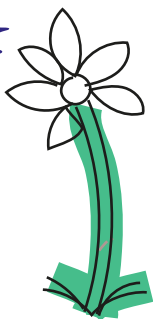


NEW YEAR COACHING TEMPLATE

AIMS, GOALS, DESIRES

NEW HABITS I
WANT TO
CULTIVATE



MY PURPOSE

HOW I WANT
TO FEEL THIS YEAR



THOUGHTS, WORDS,
DEEDS THAT FEED
MY SOUL

